



# Peak District Challenge

3/ 4 July 2021

## Final Event Guide

The 2021 Peak District Challenge is approaching quickly, and with about 2,000 people taking part – it should be a great event! This ‘Final Event Guide’ will help with your final planning, and please read this alongside other material set out in the in the ‘App’ or in the Participant Area of the Ultra Challenge website. With official Covid rules & regulations hopefully easing on 21 June, you will see appropriate residual risk reduction measures throughout the event, and, depending on the details of the post 21 June Covid position, there may or may not be a ‘Covid Declaration Form’ to complete prior to arrival on the event.

## CHALLENGE APP

Download the APP for access to key info & updates. Available in both the Apple or Google Stores, search '**Action Challenge**' and download. Use the code **ACI** to get started on the front screen – then go to '**load challenge**' in the menu and enter the code **PDC** – which downloads the info for the Cotswold way Challenge.

The App gets updates in the lead up to the Challenge, including maps & special features to use whilst on the actual event - so make sure you have it on your phone!

### In the APP you will find:

- ‘Need to Know’ list – all the info!
- Merchandise shop
- Travel advice
- Optional Extras booking
- Route Maps – rest stop info
- Kit Lists + Much More.....

We also have a Participant Area on the website that holds some of the key info:

<https://ultrachallenge.com/participant-area/peak-district-participant-area/>

## KEY PRE-EVENT INFO....

### Start times

For anyone registered before 2 June 2021, you should have received your allocated start time sent via **EMAIL** on Wednesday 2 June 2021.

We’ve tried to allocate a start time as close as possible to the slot selected when registering. However – with the number of people selecting early slots, some of the start times have had to be pushed back slightly to comply with the **Local Council** restrictions –

and we'll only amend anyone's start time in **exceptional circumstances**.

If you joined a team when you registered, team members will be allocated the same start time as the Team Captain. If you've **NOT** received your start time email by **midday Monday 7 June** (check your 'junk' inbox!) **OR** in legitimate exceptional circumstances you'd like to request a 'start time amendment' **OR** there seems to be a problem with some of your Team's start times - then please complete the **ONLINE FORM** below by 5.00pm **Friday 18<sup>th</sup> June** at the latest.

Anyone that has registered on 2 June or **after**, your start time will be confirmed on your event '**E-Ticket**' (which will be sent to all participants on the **23 June**).

**Start points have 'windows' – we can't accept amendment requests outside of these.**

- **Full, 1<sup>st</sup> Half, & 1<sup>st</sup> Quarter Challenges** – Saturday 3 July between 6:40-09.40am
- **2<sup>nd</sup> Quarter Challenge** - Saturday 3 July 9.00am start for all
- **2<sup>nd</sup> Half Challenge** – Sunday 4 July between 6:00-6:30am.
- **Full 2 Day Challenge (2<sup>nd</sup> Half)** – Start of Day 2 on Sunday 4<sup>th</sup> - 6:00-6:30am.

**[CLICK HERE FOR START TIME REQUEST FORM >>](#)**

### **E-Tickets & Bib Number**

Your E-Ticket will be **EMAILED** on **Wed 23 June 2021** – and you must bring it for registration on to the event. Ideally store it on a mobile device to save paper!

If you've **NOT** received an E-Ticket by **Monday 28 June** (check junk mail first) – there will be a 'Starting List' published within the App & Participant Area of the Ultra Challenge website - where you can check your bib number, start time and request an E-Ticket re-send. We ask that you **do not** email or phone to request an E-Ticket.

### **Covid-19 Screening & Status Declaration (*tbc*)**

If required (and hopefully not post the 21<sup>st</sup> June easing of Covid restrictions) participants would need to complete a Declaration no more than **48 hours** prior. The details will only be used by our Medical Team in respect of their responsibilities to furnish track & trace type data if required to do so by an 'official organisation'. This declaration confirms:

- To the best of your knowledge you are 'Covid' symptom free (*compulsory*)
- Details & results of any recent Covid tests (*eg lateral flow, PCR, NA*)
- Your Covid Vaccination Status (*eg 1<sup>st</sup>, 2<sup>nd</sup>, NA*)

- If you've suffered from Covid, you are fit to take part in the event (*compulsory*)
- That you're not required to be: isolating, shielding, or quarantining (*compulsory*)
- That you accept & agree to our on-event Covid Risk Reduction rules & measures

Within the **FINAL EMAIL** (will be sent on Wednesday 30th June), if required there will be a link to a short online Declaration form.

**NOTE** – regardless of the potential Declaration – **DO NOT** turn up if you, or a member of your household, are exhibiting symptoms associated with Covid-19. Temperature checks will also be made prior to 'official registration' at the start.

## OPTIONAL EXTRAS

Available to book now - to make it easier for you to join & leave the Challenge. Due to restrictions on transport (Social Distancing regulations) services are limited – and bookings will close on Friday 25th June.

### Our Optional Extras include:

- Camping at Bakewell Showground Friday & Saturday night
- Weekend parking options (available at Bakewell Showground)
- Pre-challenge transfers to the Start venues (*i.e. from station - or park at the end & transfer*)
- Transfers back to main start after your challenge (*i.e. transfer back to get train / or car*)

Optional Extras are detailed in full via our **Website & App** - with online booking:

[CLICK HERE to book your Optional Extras >>](#)

**Please Note** - Tickets for **accommodation, camping & parking** will be **e mailed** the week prior to the event (coach transfers will be based on lists that we will have on the day)

### Baggage Services (*no need to book online – 'pay on the day'*)

If you want to have your bag either stored or transported from the start line to your finish line. This optional service is paid by **card / cash** (at the baggage drop tent)

**Transfers to your finish from start (20kg / 80L max size) – prices are per bag**

- Full & Half Challengers – **£5** (*store at the start*), & Quarter Challengers - **£5**
- Runners (*officially registered*) – free transfer (max size 10kg / 25L – will be checked!).

**Walkers & Joggers** - bring a day bag (small rucksack) of 30-35L max - which you will be

expected to carry with you – to hold your essential ‘on event’ kit.

## MERCHANDISE

There’s still time to purchase your 2021 Peak District tech T-shirt for just £20! Also, check out our range of Ultra Challenge merchandise including leggings, hoodies and hats. We can’t guarantee availability on the day, so order yours NOW to avoid disappointment!

[CLICK HERE TO VISIT OUR ONLINE SHOP >>](#)

## KIT & FOOT CARE ADVICE

Check out our kit lists & foot care advice in the App to help prepare for your challenge, and really keep an eye on the weather forecast and plan appropriately. If it has been wet leading up to the challenge – it may be muddy in places – or bone dry if we’ve had a few weeks with no rain - so you need to think about of your footwear - and using the baggage service to have alternative footwear & clothes at half way (for full challengers) works well for many.

## COVID-19 SAFETY & EVENT RULES

Like all, we hope that Covid restrictions will be eased on 21<sup>st</sup> June (but that’s not a ‘given’) – and to obtain permissions for the event we have to comply with an array of Covid risk reduction measure to ensure that all participants, staff, suppliers and members of the public are kept safe. Set out below are the rules & measures which we may be implementing in full or partially (depending on how the ‘easing’ unfolds) – and these mirror the key message of the Government’s latest campaign -**HANDS – FACE – SPACE – FRESH AIR.**

We ask that all participants understand these and adhere to them, as we suspect the measures below may well remain in place on ‘mass participation’ events beyond the 21<sup>st</sup>.

### General...

- You must bring your own face coverings & a small bottle of hand sanitiser
- You must sanitise your hands at the entrance to the rest stops / venues
- Face coverings / masks are compulsory in designated signed areas
- You must follow any one-way systems where applicable

### At Rest Stops & Finish...

- Supporters **must** scan the NHS ‘Track & Trace QR code (*no scan – no entry!*)
- Supporters are **not** be allowed in any of the main marquees (*to give participants space*)
- There will be separate ‘supporter areas’ at the major rest stops



- The marquees will be ‘well ventilated’ (*so potentially chilly at times!*)
- You **must** use the bins provided & **clear your litter** (*if not – someone else has to!*)

### Along the Route...

- NO LITTER - on the ground / surrounding area (*as someone else has to pick it up!*)
- Keep the noise down in residential areas – particularly at night times.
- Toilets are provided at rest stops – please use these – not other peoples property!

### Medical & Welfare Areas...

- There will be check in / waiting areas and a supervised ‘self help’ area
- Face coverings must be worn in these areas
- Massage service only available at Half Way (Wotton) & the main finish (Cirencester)

### Event Busses / Pick up Vehicles...

- You must sanitise your hands at the entrance
- You must wear a face covering whilst in the vehicle
- Drivers will advice of any restrictions on seating arrangements
- Irate drivers will be inclined to eject ‘non-compliers’ (*as they are a risk also!*)

### Event Camp Sites...

- You must not leave any litter in our tents – and all litter must be put in the bins
- Toilets are provided – please use them!

### Supporter Access

- Access for supporters will be restricted to certain sites & designated areas
- Supporters **must** scan the NHS ‘Track & Trace QR codes’ (*Likely to still be in place*)
- Supporters will not be allowed in the main marquees for this event (*space limitation*)
- There will be no food available for supporters (*coffee etc will be at major stops only*)

## TRAVEL – GETTING THERE & AWAY

### THE START - Full, 1<sup>st</sup> Half, 2<sup>nd</sup> Half & 1st Quarter – Bakewell Showground Bakewell, Derbyshire, DE45 1AH (access off Agricultural Way)

Look our for our event signage, and please follow all instructions for parking on the day.

**Long stay/ or supporter parking** – if you are planning on using the car park at the start venue you can book a Long Stay / Weekend pass for £5 (via ‘Bookable Extras’ page on the website).

**Drop Off** – There will be a drop off only zone in the car park if you are getting a lift

## Registration

### Early Registration - Friday 2<sup>nd</sup> July

For those staying locally (and camping with us) - we will open '**Early Registration**' for Bakewell starters only from 4.00pm until 8.00pm on Friday at the start venue - so you can collect your **Event Pack** (you will need your E-Ticket to register). This will save time on Saturday morning, and means you only need to be at the start 30 minutes before your start time. Please use the main car park as per above if you are dropping in for early registration.

### Main Registration – Saturday 3<sup>rd</sup> July

You **must not** arrive at the start venue more than 1 hour before your start time (if you do please wait in the car.

## At Registration

- You **MUST** arrive on site a max 1 HOUR before your start time to
- You **MUST** present your **E-TICKET** where asked to
- Collect your **EVENT PACK** (Event Pass / timing chip, lanyard, bib, safety pins)
- Collect your **event buff & route card**
- You will need to complete **medical details** on the reverse of your event bib (*if have any serious conditions*)
- E-Tickets are **NOT** transferable – we may ask for ID to confirm your details
- You **must** come with at least **2 litres of water**, either in a bottle or a camel back regardless of the distance you are completing.
- Tickets for **camping & parking** will be e mailed the week prior to the event (places on booked coach transfers will be based on lists that we will have on the day)

## THE ROUTE

Will be well marked with pink arrows, pink ribbon, pink flags, special signs (& glow sticks at night). You'll have access to a detailed Route Map via the Challenge APP - so a mobile phone is handy (and for emergency contact + do bring a power pack so you can re-charge your phone!) – and via a QR code on the 'Route Card'

## Google Map

This will be finalised & enhanced with useful information prior to the Challenge.

## GPX file

You will be able to download the GPX file of the route you are taking on to upload into GPS devices (such as Garmins), if you are planning on using such a device, This GPX file will be finalised & updates around 10 days prior to the Challenge.

[CLICK HERE TO VIEW OUR 'ROUTE MAP' OPTIONS >>](#)

**NOTE:** Route is subject to change & will be finalised on 23<sup>rd</sup> June (with Etickets). However please **follow the signage on the day.**

*We've plotted the route with various devices & GPS systems to determine exact distances, however you may well find discrepancies on the day if you are planning on using your own GPS device. This will be for a variety of reasons, and it has been shown that many GPS devices can overestimate distances / ascent by up to 20% due to the nature of how data points are scattered and plotted. For best results **TURN OFF** your GPS device when **stationary** for periods (e.g. at Rest Stops)*

### Timing & Tracking

You will be issued with a timing chip and lanyard to be worn around your neck during the Challenge, and will be scanned at the start and finish lines, as well as at all rest stops. You must pass through all check points in order for your tracking profile to be updated This means that our 'timing & tracking' system monitors your progress across the event. Friends & family will also be able to view your progress through the rest stops. This will be available via our [website](#) on Wednesday 30<sup>th</sup> June (3 days before the Challenge).

### What's App & 'What 3 Words'.....

The route is quite remote in places & post codes often 'don't work' – so having access to (and knowing how to use) – What's App location functionality and 'What 3 Words' (which is a relatively new location type app) is very useful to have in case you need to try and give your specific location to a supporter (i.e. to pick you up) or to our Control Room. Please check these out if you are not familiar with them – and download the apps!

### FINISH LINE & DEPARTING

All finishers will get a well earned medal, glass of fizz (or soft drink) and a meal.

**1st Quarter Challenge finish line – Bishop Pirsglove Primary School, St John's Rd, Tideswell, Buxton SK17 8NE (parking is off the B6409).** BBQ finishers lunch. There are bookable shuttles via our Bookable Extras page) to take finishers from the finish, back to the Bakewell start parking (£5), or Chesterfield train station (£5). Supporters collecting



you can purchase a parking pass in advance. Supporters will not be allowed in the main marquee area (there will be a separate area).

[Google Map Location for parking >>](#)

**Full, 1<sup>st</sup> Half & 2<sup>nd</sup> Half finish line – Bakewell Showground Bakewell, Derbyshire, DE45 1AH (access off Agricultural Way).** Selection of hot food available + massage & medical teams just in case. There are shuttles to the Chesterfield train station (£5) which **MUST** be booked in advance via our online booking form. Supporters will be able to park at Bakewell (to pick you up) they can purchase a parking ticket in advance – but will not be allowed in the main marquee area (there will be a separate area).

[Google Map Location for parking >>](#)

### **Note - Runners / Fast Joggers:**

Runners on the Full ~100km Challenge will finish somewhere between 6:00 –11:30pm on Saturday. For those arriving at the finish line when the trains are not be running, there will be a quiet area available for participants to rest until the first train on Sunday morning. Please bear in mind that as the runners arrive relatively spread out at the finish line, the finish line can be quiet at times (so do ask your supporters to join you!)

## **DROP OUT PROCEDURES, CUT OFFS, RULES**

During the event there will be a **Control Room** in operation. Please ensure that you save the important phone numbers prior to the Challenge.

**Emergency Number** (if you are injured but non-life threatening): **0203 915 6682**

**Control Room Number** (for non emergencies i.e. you are lost): **0207 609 6695**

**SMS / Whats App** (to say you're retiring from the event etc): **07587 634909**

**Threatening Incidents Life CALL 999** first, then the emergency number above

### **Exiting / Retiring from the Challenge**

If you need to exit / retire from the Challenge, please inform Event Staff or by Text SMS to the number provided on the Route Card – procedure details below. The ideal place to retire is at any Rest Stop – so unless it is an absolute emergency please do your best to carry on to one of these stops.

There will be shuttle buses picking up those who have retired from the event from the 24 km rest stop onwards, to take you to the next major Rest Stop – where (if required) you can book on to one of the Shuttle Transfer Busses to get back to Cirencester (if needed).

However, these buses will be doing round trips stopping at all rest stops on the route, so this may involve a wait during busy times.

### If dropping out at a Rest Stop / Mid Point

Go to the **'Information Point'** and hand in your Event Pass. Staff will provide details of shuttle services or other ways to exit. The shuttle service is only available from the 30km point onwards - before that point, retirees will need to make their own travel arrangements, unless in an emergency when we will have vehicles and medics available.

### If exiting the event on the course

If you need to exit / retire from the challenge, please inform event staff OR text the 'Drop Out' number provided on the Event Pass with your **NAME, BIB NO. APPROX KM** and **TIME**, along with the words 'DROPPING OUT'. Please include details for team mates also exiting the event if applicable.

### Other pick up points

If you are physically unable to make it to the next rest stop – we will have a number of strategically designated 'pick up points' (that our vehicles can access) – which will be detailed on the Google route map (and detailed on the route card, and the Control Room can direct you). Pick-ups from these points will just move you to the next rest stop – and at that point **your challenge will finish** (they cannot be used to 'get a lift').

### Cut off times

The Event will have cut off departure times from based on the 34 hour upper end time (Full Challengers), 18 hrs for the 1<sup>st</sup> Half (~50km), 16 hours for the 2<sup>nd</sup> Half (~50km), 8 hours for the 1<sup>st</sup> Quarter (25km) & 9 hours for the 2<sup>nd</sup> Quarter. If anyone fails to meet these cut off times, the Organiser reserves the right to withdraw participants from the Event. We will, however, do everything we can to ensure that anyone who wants to continue can do so as we are fully aware of what 'finishing' means to many.

### Event Rules

There aren't too many rules – but the ones we have are important. Please make sure you familiarise yourself with these rules and our Ultra Code before the Challenge:

- Your Bib & Event Pass must be worn at all times
- You must have a mobile phone with you & the app installed (+ WhatsApp / 3 Words)
- You must carry a back-up power pack for your phone
- Participants must ensure they are hydrated, fed & rested before commencing any

stage of the event and report any concerns to an Event Medic or Event Staff

- If, in the opinion of an Event Medic, a participant is considered unfit to complete the next stage, or further stages, that participant will be excluded as necessary
- All Full, 1<sup>st</sup> Half & 2<sup>nd</sup> Quarter Challengers **MUST** carry a head torch and wear it during the hours of darkness.
- The Event Organiser reserves the right to operate a 34 hour cut off time for all participants attempting the Full Challenge – with other Rest Stops closing times in accordance with this time frame (as set out above).
- No individual should leave a rest stop alone during the hours of darkness – you must be with a TREK MASTER-guided group or be part of a team
- The Organiser reserves the right to officially remove a participant from the Challenge if, in their reasonable opinion, the participant's actions or behaviour is likely to significantly impact the wellbeing of other participants, staff, suppliers, or members of the public - or will bring the reputation of the event and / or the event organiser into disrepute.

## The Ultra Code

It is important to remember that the route goes through public footpaths and can run close to private property. In respect of this, please be sure to always follow the Ultra Code:

- **No littering at all** – bring a bag to use for your litter – and dispose of at rest stops
- Always shut gates behind you.
- Be considerate of local residents, making sure to keep noise levels down
- Use the toilets provided (and use them properly!) – and not on the route!
- Respect private property (keep out)
- Beware of roads – and always cross in the correct places
- Be considerate of other walkers on the route who may not be taking part
- Be aware of cattle / sheep.

## SUPPORTER ACCESS TO REST STOPS

There will be limited access for supporters throughout the event to certain venues and rest stops ONLY, and we ask that you ensure they are aware of which sites they may visit (or may not!). Some of our Rest Stops are in remote, small villages/ fields – and even one or two cars could cause road blockages/ traffic for our emergency vehicles and local residents so please ensure your supporters do not attempt to access these stops or parts of the route. Your supporters will need to be self sufficient (food/ drinks) and may be prepared to wait in the car for you during peak/ busy times at our sites if the weather is poor. Of

course we look forward to the time when we can fully welcome back supporters onto our Challenges, yet for the Peak District Challenge we are likely to have some official Government & Council restrictions relating to a 'mass participation' event - and we really appreciate your understanding and compliance which helps us to run safe challenges.

There will be supporter pick up / drop off at the below sites only, with restricted access to the event areas:

- The Start/ Halfway/ Finish: Bakewell Showground
- 25km Rest Stop: Bishop Pirsglove Primary School, St John's Rd, Tideswell, Buxton SK17 8NE (*parking is off the B6409*).
- 75km Rest Stop: Minninglow, Pikehall, Mouldridge Ln, Matlock DE4 2PN

### What can you expect next from us...

1. **Pre-Event Video Briefing!** Our Pre-Event Briefing will give you a quick rundown on what you can expect on the day, the route, hints & tips for training and more! This will be live on the App and Participant's Area on 23<sup>rd</sup> June!
2. **E-Tickets** These will be sent to you on the 23<sup>rd</sup> June – keep an eye out for them in your inbox!
3. **The Live Event Website & App** On the 30<sup>th</sup> June the Jurassic Coast Challenge page & App will go 'live' for the event – with our timing & tracking website, social media feed, competitions & much more so don't forget to check it out!
4. **Official Results & Certificates Released** Your final times will be released via the timing website on the 5<sup>th</sup> July – you'll also be able to download your official Peak District Challenge certificate!

**We wish you the best of luck for your challenge if you have any questions, please visit our online Help Centre on our website:**

[CLICK HERE for the Help Centre >>](#)

**Kind Regards, The Ultra Challenge Team, Action Challenge**