

The Camino

Trek

5 - 11 JUNE 2022

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DONE JAKHE DIDEA
CAMINO DE SANTIAGO





The Camino Trek 2022

The Itinerary

The Camino is the most famous European pilgrimage route and is a must for people wanting trek through the stunning northern Spanish countryside and end in one of the most beautiful European cities. Santiago is the famous location of the tomb of St James the Apostle. The city became as important as Rome and Jerusalem from medieval times and a cathedral was built over the site of the Tomb. Since then Santiagos' importance has seldom waned. At the turn of the second millennium it became one of the most popular pilgrimage sites and today it is used by both young and old who walk anything from weekends, to the full length of the Camino. our challenge is along the last 100km take place exclusively in Galicia and its a prerequisite for obtaining a certificate as a pilgrim on the Camino de Santiago.

DAY 1 SARRIA – THE CAMINO

We fly to Santiago and transfer to our hotel in the bustling town of Sarria. We have a welcome meal and meet the team that will be with us throughout our Camino challenge.

DAY 2 PORTOMARIN

We set off downhill from our hotel and then start a gradual climb through the countryside and villages, passing the Church of Santiago de Barbadelo set amidst beautiful oak trees. The villages are enclosed by the typical slate walls or 'chantos', which are one of the most characteristic features of areas, where the Celtic culture is most strongly rooted. The countryside is rugged and our last 10km are all downhill into Portomarin, passing an oak-lined 'corredoira' (cart track) through the villages of Mirallos, Pena, Couto and Rozas. Portomarin with its good Spanish food and comfortable beds is a welcome site.

8-9hrs trekking - 23KM

DAY 3 PALACE DE REIS

Today we make our way down the steep, porticoed main street of Portomarin and out of town to start on a day that for all of the morning is uphill. Much of the architecture in the bridges, churches and throughout the villages, is stunning and all in a beautiful setting of lush countryside. We pass through the villages of Toxibo, Gonzar, Castromaior and Hospital da Cruz. From Prebisa it is downhill all the way to the Ligonde river and Eirexe where we lunch. This afternoon we trek to Palas De Reis and sit down to our evening meal and a well earned rest.

8-10hrs trekking - 24KM





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The **Itinerary** cont.

DAY 4 ARZUA

Having gained height for the last two days, we are now in a position for a long and tough day which is mainly downhill. We pass through San Xulian Pallota and cross the river Pambre to enter the district of La Coruna at Campañilla. Late morning we walk through several villages until we reach Melide for lunch. This afternoon we have another 15km trekking through the hamlets of Raido, Boente, Castaneda and Ribadiso before arriving at our accommodation in Arzua.

9-10hrs trekking - 29KM

DAY 5 PEDROUZO

Our penultimate day of walking on the Camino is mostly away from the roads through gentle rolling hills, crossing streams and passing through beautiful forests. We stop for lunch in a good roadside restaurant. The last 7km in the afternoon descend to our stop point just past the village of Pedrouzo.

7-8hrs trekking - 20KM

DAY 6 SANTIAGO

The airport, motorway, train lines and the headquarters of the regional Galician TV station, are all signs of our close proximity of this major city. From the summit of the *Monte del Gozo*, we have great views just before our final descent. As we enter the city we drop through a warren of tiny roads to the central square of Plaza del Obradoiro with its stunning cathedral. Tonight we celebrate our achievements with a great meal of typical Spanish delights.

6-7hrs trekking - 20KM

DAY 7 FREE DAY SANTIAGO

After breakfast today we visit the pilgrim office to collect our certificates as official Camino Pilgrims, then we have the rest of the day completely free to enjoy this incredible city.

DAY 8 RETURN HOME

Today we transfer back to the airport in time for our return flight home.





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DATES

5th—11th June 2022

COSTS OF CHALLENGE 2022

Registration Deposit	£150 per Person
Balance cost:	£795 per person
Single supplement (hotel):	£250 per Person

INCLUSIONS

- Action Challenge UK Leader
- UK Medic with Expedition medical kit
- Logistical support vehicles
- 7 nights accommodation on a dorm share basis
- Single Supplement available in separate hotels
- All meals, except in free time
- 2 rest stops daily with snacks/water en route
- Logistical support vehicles
- Transfers from/ to Santiago de Compostela airport
- Camino Certificate for last 100km + medal
- Celebration dinner
- Pre-challenge App & support
- Fitness and training guide
- Discounts on kit to buy and hire

WHAT'S NOT INCLUDED

- Return flights to Santiago de Compostela airport
- Travel insurance
- Tips for local staff
- Sleeping bag (2/3 season)

COVID CONFIDENCE

- Full Covid Risk Assessed
- Deferral or refund if cancelled due to Covid-19





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